

FRESH *local* HANDMADE

LUNCH MENU

AVAILABLE TUESDAY - SATURDAY 10:00 AM - 3:00 PM

Sandwiches \$9.00

- ☀️ **ROASTED TURKEY BLT** WITH HARISSA, HOUSE MAYONNAISE, TOMATO, BACON AND TOTEM FARM GREENS ON MULTIGRAIN
- ☀️ **OLD WORLD GRILLED CHEESE** WITH HOMEMADE RICOTTA, GOAT CHEESE, BRIE AND CHEDDAR ON ITALIAN OR ORANGE CARDAMOM
- ☀️ **CHICKEN SALAD** WITH ALMONDS, APPLES, AND CRANBERRIES SERVED ON A CROISSANT
- ☀️ **VEGAN WINTER VEGETABLE** BUTTERNUT SQUASH, PORTOBELLO MUSHROOM, OLIVE TAPENADE, HUMMUS, ARUGULA & PICKLED ONION ON MULTIGRAIN (V)
- ☀️ **QUICHE SLICE** BACON, CHEDDAR AND SAUTEED ONION WITH SIDE GREEN SALAD

Other savory Options

- ☀️ **ROASTED PORK HANDPIES** WITH POTATO, LEEKS, GARLIC, ONION AND ROASTED TOMATO \$6.00
- ☀️ **CHICKEN POT PIE** WITH CARROTS, CELERY, PEAS, LIMA BEANS AND ONION \$8.00

*AVAILABLE WARM, COLD AND FROZEN (UPON REQUEST)

Flatbread Pizzas \$8.00

- ☀️ **TOMATO, SPINACH & MOZZARELLA**
- ☀️ **BIANCO** RICOTTA, ONION, GARLIC, OLIVE OIL & MOZZARELLA
- ☀️ **SEASONAL FLATBREAD** CHANGES DAILY

Hot Soup \$7.00

- ☀️ **CHEF'S SOUP DU JOUR** SELECTION CHANGES DAILY
- ☀️ **THAI COCONUT LENTIL** GREEN LENTILS, COCONUT MILK AND TOMATO (V)

*SERVED WITH YOUR CHOICE OF ROLL

Salad Bowls \$10.00

- ☀️ **MADE FRESH DAILY** WITH LOCAL SEASONAL INGREDIENTS FROM OUR FARMERS MARKET FRIENDS & NEIGHBORS (V, GF)



OLD WORLD BREADS
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